

# KILROY CAFÉ

Philosophy for the Modern Age

©2008, Glenn Campbell, PO Box 30303, Las Vegas 89173  
familycourtguy@gmail.com www.KilroyCafe.com



Issue #6  
June 6, 2008  
28.649°N, 77.235°E

# REALITY SUCKS

## *Get Used to It!*

By GLENN CAMPBELL

You may not be aware of this, but you were adopted. Let me tell you what happened.

Long ago, you were an alien from someplace else. One day, through no fault of yours, your consciousness got inserted at random into the body of a human infant on Planet Earth. You found yourself living with an earthling family, and because you couldn't remember what came before, you assumed this family was yours, but it was all a lie.

Look down at your body. Do you think it is really yours? No, it's just the container you currently reside in. The whole male/female thing, the appearance thing, the sensations and bodily functions—they're not really you. It's just the car you have been forced to drive. The same goes for where you landed. You're not American, Belgian, Jewish or Muslim. That was your random assignment, the luck of the draw.

The fact is, you don't really belong here; none of us do. It was all a big cosmic joke, probably caused by some crossing of wires in hyperspace, but now that you're here, that joke is your life.

Now that you know you're a shipwrecked alien, what do you do? You can either fight your adoptive reality or learn to adapt to it. You can give up and check out, or you can make the best of what has been presented to you.

Here's what you should know about reality: It's big, really big. It was here before you came and will probably continue after you leave. It follows its own rules, not yours, and these rules have to be actively discovered.

The biggest mistake you can make about reality is thinking you have it all worked out. Have some humility! Human reality has been evolving for millions of years, but you have only been interacting with it for a few decades. Fact is, you don't know jack about reality and probably never will.

Nonetheless, life forces you to make decisions, and you have to make the best ones you can based on the limited information available. Choice is always going to be an imperfect thing, fraught with anxiety and risk, and you can't expect any solution to be permanent.

Another thing you have to accept about life on Earth is that it's painful, stupid, wasteful, destructive and inhumane. No stranded alien should be forced endure what most of them have to go through. If you are lucky, you were protected from most of this harshness during your childhood, but it was a false reality. There isn't any safety on Earth, only the illusion of it, purchased at a high price. If you open your eyes and step out of your artificial bubble, you see that the world is grim indeed.

For one thing, there are way more aliens here than this planet can support. And they keep arriving! Secondly, these

refugees are so abused and broken that they can't help but torture each other. The physical bloodshed on this planet is appalling, but the psychological torture is even worse.

Aliens in comfortable circumstances tend to deal with the tragedies around them by tuning them out and pretending they don't exist. They engage in stupid addictions that absorb their resources and prevent them from interacting with reality directly. They do crossword puzzles and watch hours of TV while the world burns around them. They get old, then they check out, never having encountered the planet honestly. What a waste!

The convenient thing about being an alien is that you can see all the tragedy of this planet, accept it for what it is and not be crippled by it. You are, after all, a visitor here, an anthropologist from outer space. You should do what you can for others when opportunities arise, but you can't save everyone.

Until you know what to do, it's important to tread lightly. If you are blessed with good fortune, don't flaunt it in front of those who aren't. It is okay to have resources in the bank but not to waste them. You aren't responsible for all the tragedy of the planet, but you are responsible for any problems and discomforts you cause.

Live lightly, waste nothing, see everything and never assume that you know it all. That's a reasonable starting point for expatriate aliens.

—G.C.

[www.KilroyCafe.com](http://www.KilroyCafe.com)